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Beautiful bunnies
Cute and cuddly companions for a cause
on page 2

Kind hearts
The community shares their messages
on page 4

New brewer on the block
One local takes the lead on Boshkung Brews
on page 10

Paddle on
Lakes are alive with paddlers over the course of the summer, and the magic and beauty lake life can offer. /FILE

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Bunny power

A DECENT woman I know has a hobby which represents, not only her creativity, but her even larger calling. West Guilford's Liz Jesseman, avid snowmobiler and ATVer, recently turned 80. This gave our community a chance to throw a humble friend a huge surprise party. She, with typical grace, thanked us all. But this grace expands to an even wider community: other survivors of breast cancer. To help her cause, she's been raising funds by riding her sled with dozens of other women along Huntsville trails every midwinter in the popular Kelly Shires Snow Run. Kelly was an Ontarian who established a charity in 2000 where funds directly assist those - including men - who've been diagnosed with breast cancer. Sadly, Kelly passed away from the disease in 2004 at age 41.

DEB REED
Wind in the Attic

To honour her particular recovery, and to encourage others, Liz constructs lovable bunnies from felt, ribbon, thread, stuffing and unique buttons. She's made almost a thousand of them, numbering, naming and tagging them all, finessing each completely by hand, financing preferred materials from her own pocket, and selling them - for no personal profit - at storefronts, fairs, markets, pop-ups and special events across Haliburton County. The bunnies are all different, all beautiful, and all meaningful to each purchaser in some personal way. Many have been taken or sent to other cities and countries. She's even produced special PRIDE bunnies. To me, rainbows speak, not only about the universality of diversity, but about love, and the light at the end of a tunnel or after a storm.

I bought myself a pale yellow 'Edith' since she's the spitting image of a precious early childhood toy. I've since bought a half-dozen more bunnies to give as gifts. I not only love them, and support the cause (my beloved great-aunt and a dear friend succumbed to breast cancer; another survived), but I believe in giving back to a world which can still be unbelievably kind. Liz, without question or conditions, accommodated my partner and me for over a year in her home while our house was rebuilt after a fire.

I asked Liz for an interview. She explained that her mother once adapted a delightful old stuffed bunny pattern, and began to cut and sew her own. Liz also wanted to learn, and, though she doesn't accept orders, she still faithfully generates at least one new bunny every week. It takes her a day, all told, to prep and construct a final product. As she details with the tidiest of stitches, she listens to CANOE FM, and sits either on her deck overlooking Pine Lake, or in her backlit living-room chair. She runs through the alphabet to name and label each new bunny, and has restarted over 32 times to date. She cheerfully suggests that 'if you have no-one in particular to buy for, get a bunny for yourself; it's your first smile of the day!'

Bravo, local survivor. You've taken a sad song, and made it better. Take note, future hearts-of-gold.

County Life

The following inserts are being distributed with County Life this week:

Canadian Tire *

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All about the sub, 'bout the sub

DEAR READER,

Today, I'm going to sing the praises of the "sub," or submarine sandwich, or depending on what part of North America you might be in, the hoagie, hero, or grinder. Yep, grinder.

Why the sub? Well, it's an easy-squeezy sandwich that can be thrown together quickly if, of course, you have the right ingredients. It can be yummy, and is perfect for summer – no cooking, no over-heating your kitchen, and it travels well.

JERELYN CRADEN
Foodie in the Hoodie

Traditionally, filled with a variety of deli meats, cheeses, and vegies, the sub is great for summer outings and get-togethers. The longer the bread roll, the more fun it looks plated, then cut into sections for guests; plus, the more it resembles a submarine, the origin of its name. I'll tell you about my favourite local sub, a bit later.

More specifically, sub ingredients include meats like ham, salami, and turkey, cheeses such as provolone, fresh vegetables like lettuce, tomatoes, and onions, and condiments such as mayonnaise, mustard, or Italian dressing.

Now, back in the late 19th and 20th centuries, the sub was introduced in Italian-American communities in the Northeastern United States. Its exact origins are debated, but it's widely believed to be a variation of the Italian sandwich brought over by immigrants.

The oldest submarine sandwich food chain is Subway, which began in 1965. While other chains like Blimpie and Mr. Sub also have a long history, Subway was the first to establish a major, nationwide presence as a submarine sandwich chain. Mr. Sub opened in Toronto, in 1968, and has focused on the Canadian market.

One of late-night talk show host, Stephen Colbert's favourite questions for celebrity guests is: What's the best sandwich? Although some artists' answers include subs, I thought it would be fun to include celeb favourites that are made on sandwich bread as well. So, here goes…

Oprah calls her self-created sandwich, the Love sandwich. Ingredients include:

2 tbsp. chopped scallions,
2 slices seven-grain bread,
½ tsp. olive oil, 2 tsp. mayonnaise,
2 large basil leaves,
1 slice pepper Jack cheese,
4 ounces thinly sliced smoked-turkey breast,
3 thin avocado slices, and
3 thin tomato slices.

Elvis Presly was known to yum down a fried peanut butter and banana sandwich.

The Frank Sinatra sub created to honor the mega icon who frequented Lioni's in Brooklyn New York, was simply made with salami and fresh mozzarella.

Julia Louis-Dreyfus's favourite sandwich is a BLT (bacon, lettuce, and tomato). She specifically prefers a medium amount of tomato and lettuce, and a hearty supply of bacon. She considers it "The American Classic."

Matthew McConaughey's viral tuna fish salad which is filled with peas, apple, agave, and crispy jalapeño chips – is far more complicated than Martin Short and Steve Martin's daily go-to: a simple three-ingredient meal of bread, tuna, and a slathering of Dijon.

Meryl Streep's favourite sandwich is the Croque Monsieur. It's a French grilled cheese sandwich with ham, typically made with Gruyere cheese and béchamel sauce.

Jim Carrey loves a grilled cheese sandwich dipped in ketchup.

Lots of cheese goin' on.

Jimmy Kimmel's favourite is a hero sandwich with roast beef, turkey, and other toppings. Provolone, and a variety of peppers, showcasing his appreciation for creative combinations.

Now, back to the sub.

Hands down, my absolute personal favourite sub is the chicken sub made right here in Haliburton by Chef Denise at SIRCH Bistro on Maple Avenue. I can easily wax poetic about her creation. For starters, the chicken is incredibly moist and succulent, unusually so. You know what, as I write this, I'm thinking I really shouldn't give away all of the ingredients without her permission; but let me say this: it's loaded with flavours and textures that surprise and delight and truly make it different, special, and one I have got to have several times a month. Oh, and Denise's secret sauce, yum! And did I mention the homemade bun? It's so popular, that it is now on SIRCH's menu every Wednesday.

Until next time, dear reader, remember to savour every moment – that way, everything you eat will taste a whole lot better!

Jerelyn Craden is a writer, singer, artist, and self-proclaimed foodie. Based in Haliburton, she loves sharing information that moves one's happy meter to "high."

Mixing it up

THERE ARE stereotypes about anglers. For instance, people always go on about how we exaggerate. I've heard that at least a trillion times, but I assure you that this is not the case.

One stereotype that is true, however, is that we anglers are patient.

A lot of people believe this patience comes from waiting for fish to bite or even from the process of trying to solve the mystery of what the fish are eating or where they are.

STEVE GALEA
Beyond 35

Nonsense! The patience most anglers develop comes from dealing with our tackle boxes during the fishing season.

In the pre-season, most of us will open our tackle or fly boxes and organize them in a way that would make librarians and museum archivists envious. Everything will be in place. Top water plugs will be in one section, spinnerbaits in another, spoons in yet another tray. Jerk baits and crankbaits will be organized according to colours, depths they work best at, and size. The same with soft plastic worms, crayfish, frogs, and the like.

Then we organize our weights, swivels, hooks, floats, leaders, and the like, until the tackle box looks like it could be used in a TV commercial for a pharmaceutical product for men who use it to get through some sort of mid-life health crisis.

Then fishing season happens.

It starts innocently enough. You try a lure, find it doesn't catch fish, and you put it back in the wrong spot. Then, after realizing what you did, you reach for it and accidentally dump the whole tackle box.

Your immediate thought is "Oh well, I will just pick everything up and place them where they should be. It might take 15 minutes, but it's well worth …"

This thought is interrupted when the guy in the boat with you catches a really big fish, and then says, "Holy cow! There was a bigger one following it."

That simple act forces you to literally shovel everything you dumped into your tackle box.

Then you quickly reach for a lure.

This might be lost on younger generations, but I liken it to playing that old game called Barrel of Monkeys. In that game, you picked up a plastic monkey and tried to connect its outstretched arm to the outstretched arm of another monkey in the plastic barrel. And you continued that until all the monkeys in the tree were hanging arm to arm from the one before them.

That game was difficult. But when you pick up a lure from a tackle box you just shoveled everything into, you don't even have to try. It's just connected to everything else in the tackle box – as well as the sleeve of your shirt.

Sure, after much patience and some cussing, you'll eventually disconnect a lure and drop the rest in the tackle box. But, by then, your ex-fishing buddy will have caught all the fish there are to catch in the area.

Later that evening, when you are home, you'll separate everything and place it where it should be once again, so your tackle box is organized and ready to go again.

This takes great patience. But there's also satisfaction in doing this.

Better still, you call your fishing buddy and apologize for all the awful names you called him. You even set up another fishing excursion for the next day.

This makes you smile because it is the right thing to do. But also because he never saw you tumble and shake up his closed tackle box when you put it away …

SIRCHlight *Creating connection and resilience – together*

The Kindness Ripple

A few weeks ago, we shared how things have felt a little heavier lately. More tension. More impatience. Less grace.

We responded by declaring all SIRCH spaces – our Thrift Warehouses, Bistro & Bakery, and office – as Kindness Zones. It was a simple gesture, really: a sign on every door, reminding folks that here, everyone is valued, heard, and treated with respect.

But sometimes, simple things are exactly what's needed.

Here's the truth: our staff and volunteers were feeling the weight. When rudeness or impatience shows up at the door, it doesn't just disappear after the interaction – it lingers. It makes the day harder. It chips away at the joy of the job. And when the smiles fade, customers and program participants feel that too.

We know we can't control how others behave – but we can control how we respond. And we can offer gentle reminders to ourselves, and to each other, to choose happy when it's hard. To take the high road. To assume good intent. To speak with kindness, even when you're tired or frustrated. Because the truth is, most people don't mean to be abrupt or roll their eyes. They're just having a moment. Or a day. Or a season.

That's what inspired the Kindness Zone: a soft but visible prompt to pause. To remember that you don't know what someone else is carrying. To offer grace. And to feel confident that if you walk into a SIRCH space, you'll be treated with respect, listened to, and met with warmth.

The ripple started small – but it's already reaching far.

At the Bistro, we placed sticky notes and pens on each table with an open invitation:

Write a kind note. To anyone. About anything.

That's it.

And you responded – beautifully.

Some notes made us laugh:

"The BLT and slaw is the reason I'm smiling today!"

"Randomly stopped by – so happy we did. Hope everyone has a beautiful day!"

Others warmed our hearts:

"Just passing through but glad we could spend some of our tourist dollars here!"

"Hello! Our first stop in Haliburton. Amazing, yum!!!"

And many shared quiet wisdom:

"The right thing comes along when you least expect it."

"You're stronger than you think, braver than you believe, and more cherished than you'll ever know."

"Just be nice/kind. It's not hard."

"Season all you say and do with love."

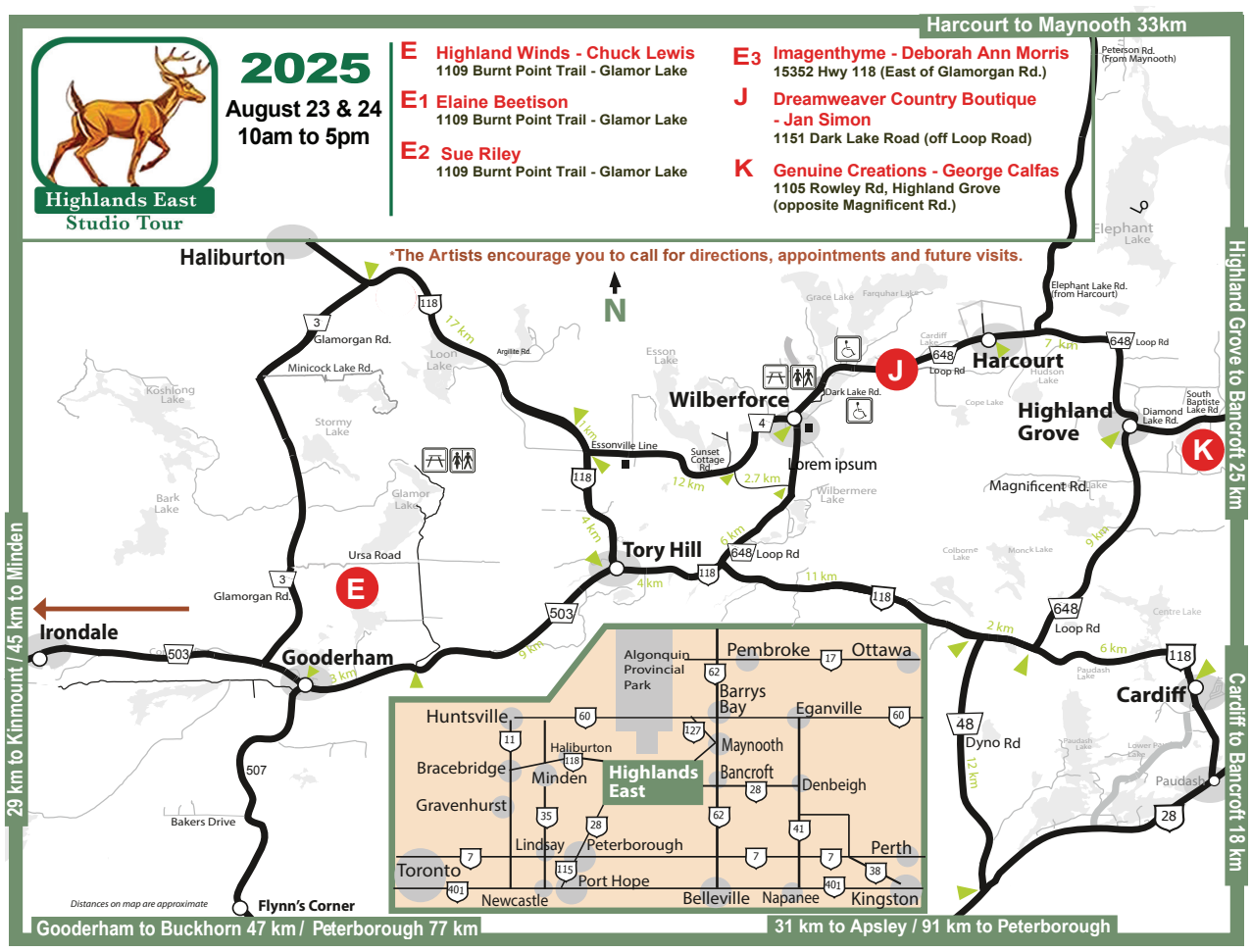
These words reminded us of something we've always believed at SIRCH: small acts matter. They ripple out. They uplift others. They change the energy in a room. And they don't cost a thing.

Creating a Kindness Zone didn't just shift the mood in our spaces – it sparked action. It gave people a simple way to be part of something good. And in return, they reminded us that kindness is alive and well. It just needs a space to land.

We'll be keeping the signs up. And the sticky notes, too.

What's one small thing you can do to start your own kindness ripple today?

Submitted by SIRCH Community Services



Home Hardware Building Centre - Artist of the Month
Noeline Noronha of Algonquin Craft Co.

Presenting our August Artist feature, Noeline Noronha of Algonquin Craft Co. This display will be featured for the month of August, don't miss out!

"Since I was young, I have been fascinated by wood. Growing up, I watched my father work tirelessly in his workshop, shaping raw wood into beautiful, functional items. This early exposure ignited a passion within me which has turned into an artistic endeavour decades later.

My relationship with wood is both practical and artistic. On the practical side, I create functional pieces such as cutting boards, candle holders, and other household items. These items are crafted with precision and care ensuring that they are not only useful but also aesthetically pleasing. The grain of the wood, it's texture, and it's natural beauty are all celebrated in these everyday objects, making them a joy to use and behold.

On the artistic side, my work is deeply inspired by the Algonquin Highlands and the nature that surrounds me. I find inspiration in the landscapes, the trees, and the water that surrounds my home. My art pieces use wood as their focal point, highlighting its inherent beauty. I strive to bring out the individuality in each piece of wood, showcasing its grain and texture, and allowing its natural characteristics to shine through.

I believe that each piece of wood has a story to tell, and my role is to reveal that story in subtle ways. My work is a tribute to the beauty of nature and the timeless appeal of wood. Through my craft, I hope to share my love for wood and inspire others to appreciate the natural world around them."

Noeline Noronha
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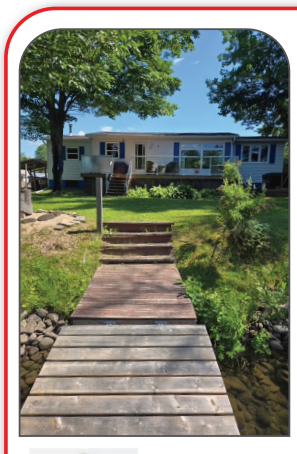

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The Summer of Home

EACH SUMMER, we spend countless hours trying to make the most of our time. It's only a few weeks we get these holidays with the kids at the ages they are now (you know, the brief chapter where they're still on board to hang out with us …) and we try our best to capitalize on this time.

EMILY STONEHOUSE
County Life Editor

Often, we've been lucky enough to plan trips and getaways. Off to the city for a few nights for hustle and bustle, down to the cottage for a week for some apparent R and R.

But we always joke that we need a vacation from our vacation. That the wind-down after a few short hours away from home is enough to warrant another getaway.

So this year, we made a decision. We rebranded our holiday as "the Summer of Home."

That's right. We are staying exactly where we are. No trips. No getaways.

We are strictly focusing on our space, and what we have here.

A part of that was based on the idea of needing a vacation from a vacation, especially with kids at all different ages and stages.

But another part of that is from wanting to actually spend time in our space.

We moved into this home just over a year ago. And like any home, there are projects on the go.

The toxic trait I share with my husband is our ability to snowball these projects.

We need to change a lightbulb.

Might as well get a new light fixture.

While we're up here we should paint the ceiling.

Might as well paint the whole room.

This room is too small.

Let's knock a wall down.

Great idea.

Now we need to change the lightbulb in this other room.

And the cycle continues.

With our dreams bigger than our paycheques and longer than the hours in a day, these snowballs of ideas are often left in the snowflake status. A quick idea, a direction that one day, we could take. But we often roll right through from big project to bigger project, and as a result, no projects hit their final stages.

Until we hit the Summer of Home.

It didn't take much to convince the kids that there were no trips planned this year. It was easier than anticipated. We made a list of projects, and allowed the kids to get in on the action. A few small dreams and visions they wanted to tackle during the Summer of Home.

One wanted to paint a huge canvas, the other wanted to rearrange her bedroom.

We took some time to focus on each of those, and now they're done; allowing the kids to create and cultivate a space where they feel settled, at ease, relaxed. The Summer of Home.

It makes sense, as we gear up towards a long and blustery winter ahead, that we start the preparations to make our home the exact space we want it to be. After all, it's where we will be spending most of our time.

It also helps that we live in a community that thrives in the summer. Beaches, cotton candy, live music on a daily basis. We've explored the nooks and crannies of these communities that have held us, and tried to see them through the lens of someone just visiting.

But here we are, lucky enough to call them Home.

So here's to the Summer of Home. Of creating a space we are proud of; a property we can curl up in hammocks and read books, bedrooms we can hang fairy lights in, a back deck we can share a drink on.

And where all those projects, the ones that pile and compound each and every day, are chipped away at with ice picks, day by day, until that snowball melts down to a flake, and we move onto the next one. There's always another lightbulb to be changed.

Top 10 hints you live in a authoritarian state

THESE DAYS, there is a lot of talk about the rise of authoritarianism. Hopefully, it never comes to pass. We all know the big signs – loss of free press, loss of political opposition, cult-like devotion to one person, elimination of checks and balances, no due process, lack of dissention, and so on. The more subtle signs are more difficult to detect. With that in mind, here are the top ten subtle signs that you live in an authoritarian country.

STEVE GALEA
Humour Columnist

1. Military march now inspired by can-can show.
2. Your leader is glorious and unbeatable at golf.
3. Almost everyone you know works at the epaulette factory.
4. No longer legal to refer to Santa Claus as deer leader.
5. Everything is wonderful – or else.
6. Silly salutes all the rage.
7. All speeches now accompanied by fist-shaking.
8. Flag waving now a national sport.
9. Tikki torches in high demand.
10. All applause is now choreographed and thunderous.

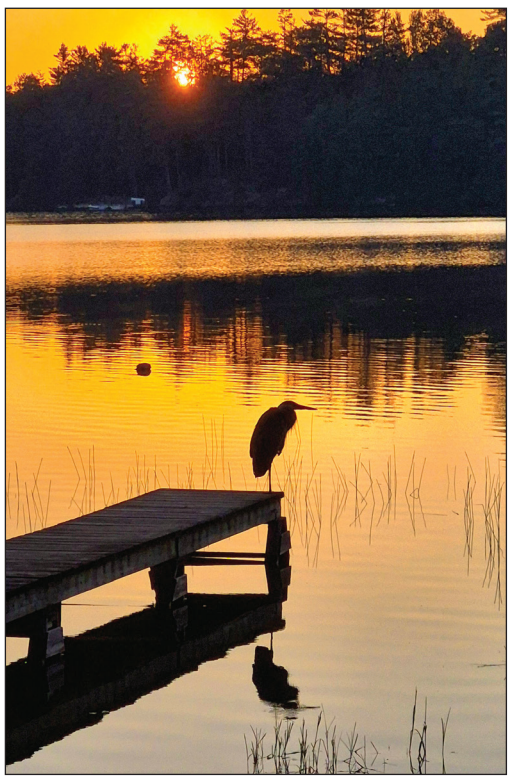
Voices

Voices, stilling, around the Lake, listening to the moans of the lone loon,
Air, trembling, beneath a half-Moon, silvering strands of Lake,
as the loon waits for a response from its lost mate, its cries echoing through the pines that fringe the Lake,
the lives of strangers, intertwined, as we pause to listen in silence to the melancholic beauty of the loon's song,
rippling through Air, and across the Lake, where lights flicker in the dark,
the voices, quiet, as dusk deepens Sky, the loon releasing another plaintive cry,
moonlight, quivering across the inky skin of Lake, reflecting the moans of the loon,
I stand on the shore, among the pebbles and stones, peering up at the half-Moon,
missing a piece of itself, too, wondering whether it's true, that a loon mates for Life,
and never finds a replacement for its lost mate, for the rest of its Life,
its lamentation heard by other loons, that float in the growing darkness, in pairs or alone,
the loon's song seeping into me, in the silence between its cries, amplifying the voices that are no longer here,
a voice, gentle as nocturnal breeze, whispering secrets into eager ears,
a laugh, so loud, it scares the crows out of the trees, a voice, rushing like a River, before it slows to a stream,
I peer out across the Lake, at the pricks of lights, at the house nestled in the pines, that I can barely see,
silhouettes curled on the dock, listening beneath the half-Moon, like me, to the moans of the lone loon,
lamenting its missing mate, peals of laughter, piercing Air, rippling across the Lake,
cracking the silence between the loon's cries, and I wonder whether the loon
listens to the laughter the way strangers listen to its song,
a feeling of belonging, cloaking me in the dark, as I stand here among the pebbles and stones,
surrounded by silhouettes of strangers, sitting or standing on docks,
listening beneath the half-Moon, missing a piece of itself, too, as the loon unspools its song into the dark,
waiting for a response, voices, murmuring, in the dark, carrying across the Lake,
silvered by threads of moonlight, as I listen to the human voices, intertwined with the loon's,
a longing, flowing through me, for something that's no longer there,
nudging and whispering in the dark, as I stand on the shore, small as a stone, beneath the half-Moon,
its light shining as bright as if it were whole.

Sylvie Kalenda

Nature in your backyard

County Life welcomes photo submissions depicting life in the Highlands. Email emily@ haliburtonpress.com.
Please ensure images are high resolution - 200 dpi, 10 inches at its longest edge.



Gull Lake sunrise by Sean Trofin

Acrobatic woodpecker by Vivien Mausz

Mountain Lake in Minden by Harald Kaltz

Otter by Tammy Nash

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Classic 4 season/3 BR cottage has lots of living space to spread out & late 1980s charm & features. Spacious eating area, large LR w/pine cathedral ceilings & wood stove. 3 generous main floor BRs, compact & retro styled kitchen w/ breakfast bar, lower level laundry & rec-room w/ walk-out to lower deck. Sandy shoreline for swimming & relaxing. 105.85 ft. of frontage. Stone walkways, tree-covered stone steps to the lake. Great privacy, Propane furnace, EBB & Wood Heat. Roof reshingled. Detached 24' x 30' garage.

Deb Lambe
Sales Representative
705-854-0103
debra.lambe@gmail.com

STARTER HOME $225,000

- One Bedroom, 1 1/2 Bathrooms
- Two Living Spaces and Kitchen
- Main Floor Laundry
- Main Floor Storage

Lynda Litwin
Sales Representative
705-457-8511
lynda@lyndalitwin.ca

ST. NORA LAKE $1,350,000

Beautifully maintained 4 bed, 4 bath year-round home/cottage sits on 150 ft waterfront on St. Nora Lake. Open concept layout. Separate Bunkie. Detached garage with loft. St. Nora Lake is part of a desirable two-lake chain w/ Kushog Lake, great for boating & fishing. Outdoor enthusiasts will love the proximity to snowmobile, ATV, hiking & cross-country skiing trails, making this a four-season paradise.

Kelly Mercer
Broker
705-455-7500
kelly@kelly-mercer.ca

MINDEN HOME WITH RENTAL INCOME $599,000

Charming brick home offers exceptional versatility & space with a well-thought-out layout. Upper level features 3 bedrooms, full bath, bright kitchen, spacious dining area & cozy living room. Screened-in breezeway. Lower level w/ separate living space, ideal for extended family or rental potential, with its own entrance, large living room, eat-in kitchen, sitting room, 1 bedroom, & a full bath. Both levels have dedicated laundry facilities and ample parking.

Lisa Mercer
Broker
705-457-0364
www.lisamercer.ca
lisa@lisamercer.ca

LOOP ROAD. $399,000

- 3 Bedroom Raised Bungalow,
- Includes a Former Church Building, Perfect for a Residence with Income
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John & Marj Parish
John Parish 705-457-5485
Marj Parish 705-455-2211
Sales Representatives

3539 COUNTY RD 21, SOYERS LAKE

- 3 BR, 1 BT, 1594 sq ft, .73 acre lot
- 150+ ft frontage, Attaches to 5-lake Chain
- 800+ ft composite decking
- 4-car garage + 2-car garage

Cheryl Smith
Sales Representative
705-455-2500
info@cherylsmithremax
cherylsmithremax.com

HALIBURTON
191 Highland St., Suite 201
705-457-1011

MINDEN
12621 Highway 35, Unit 1
705-286-2911

WILBERFORCE
2260 Loop Road
705-448-2222

www.professionalsnorth.com
listings@remaxprofessionals.ca

2430 HADLINGTON ROAD, HIGHLANDS EAST $885,000

This newly built, (May 2022 finished May 2025) custom residence sits on 9.858 acres with 2 small ponds at the back of the property. Beautifully designed, wheelchair accessible, this 3-bedroom, 2 full baths, plus a 2-piece, offers all the comforts in this rural charm home. A massive double heated car garage. 5 min drive Monmouth Lake, 5 min to the left of the driveway is a trail to Lowry Lake.

Sue Sotiriou
Sales Representative
905-715-4569
sue-sotiriou.remax.ca

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Broker Sales Representative
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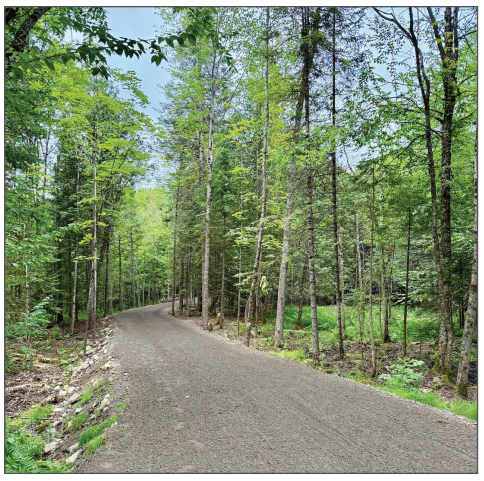
Deanna: 705-790-6131 | David: 705-722-1909

2166 BLAIRHAMPTON ROAD $559,000

1100 SQ. ft. 3 bedroom bungalow sits on private 5.5 acre lot in peaceville Blairhampton - cozy country kitchen and dining area - 4pc bath - new septic 2018 - full w/o basement unfinished - FA propane - 26' x 40' 2 storey garage - fully insulated - 2nd floor wide open and carpeted - FA propane heating

Ted Vasey
Sales Representative
705-455-2034
ted@tedvasey.ca

TOM BOLTON ROAD - VACANT LOT $164,900



- Ideal Location To Build Your Dream Home or Getaway!
- Private, well-treed, 4.88-acre parcel.
- Cedar buffer which opens up to a mature mixed hardwood bush.
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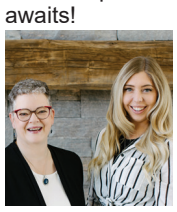
Ken Barry
Broker 705-754-5280
Jacquie Barry
Realtor® 705-457-0652
www. kenbarry.com
Out Standing In Our Field

LOG HOME ON 5 ACRES $635,000

Set on a serene, private lot, this 3 bedroom, 3 bathroom Confederation Log home is the epitome of Canadian charm. Rustic wood finishes throughout, a spacious kitchen, & a full basement with a bonus room and bathroom ready for finishing touches. Enjoy the view of the neighbouring beaver pond from the screened gazebo, or relax on the expansive deck. A peaceful life awaits!



Terry Carr & Drew Staniforth
Sales Representatives
705-935-1011
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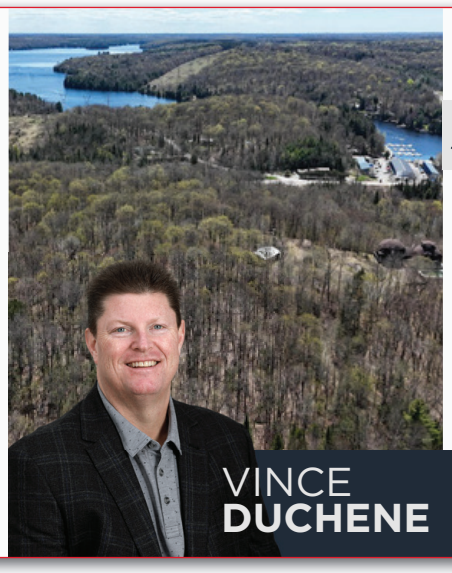

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$224,900

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- Year-round municipal road
- 342 feet on Osprey Road
- Soyers & Kashagawigamog Lakes within walking distance
- 12 km to Haliburton & 14 to Minden

VINCE **DUCHENE** 705 457 0046

New brewer on the block for Boshkung

THOMAS SMITH
County Life Staff

Ryan Prentice has lived all 25 years of his life in Minden. With a brief stint in Kingston for school, Prentice realized that he could never see himself working in an office environment crunching numbers all day.

During the COVID-19 pandemic in 2020, Prentice moved back home and sought work as a part-time server at the Dominion Hotel. After floating down the Gull River with his friends, Prentice realized how welcoming and comfortable Boshkung Brewing was as a hangout spot. In 2023, Prentice began working as a server and bartender for the brewery.

After working there for a while, Mathew Renda asked Prentice if he would be interested in going back to school to learn the art of brewmastery for Boshkung.

"I took a couple weeks to think about it and make sure it was something I wanted to do," said Prentice. "The more I thought about it, the more interested I got."

Prentice says that his uncle was a brewer at Boshkung for a while when the brewery first opened up.

"Craft beer has been a passion of mine for quite a while, I have always enjoyed it," said Prentice. "I think it would be cool to follow in his footsteps."

From last October to May, Prentice's schooling journey with CTS Canadian Career College occupied him for eight hours per week. Primarily learning through online courses, Prentice says that his instructors had many decades of experience in the brewing industry, with one professor attending class from the brewery he worked at.

Ryan Prentice is chomping at the bit to come up with his own recipes and utilize his schooling as brewmaster for Boshkung Brewing. /THOMAS SMITH staff

In May, his schooling completed and Prentice started an apprenticeship at Lake of Bays Brewing Company in Baysville. Lake of Bays Brewing has a direct connection to Boshkung Brewing as they contract brew several of Boshkung's core lineup of beers. As a brewery with limited space available, Boshkung itself brews their smaller batch line up of beers, with Lake of Bays producing products like their Cream Ale and Kellerbier.

Prentice says that while Boshkung Brewing can manage around 10 hectolitres per day comfortably, Lake of Bays Brewing can produce around 100 hectolitres per day.

"It is a lot more manual [at Boshkung Brewing] than what it is at Lake of Bays," said Prentice. "There, you push a button and the machines do a lot of the work for you. Whereas here, I am hand loading everything."

Throughout his apprenticeship, Prentice made sure he was coming back to Boshkung to learn their own equipment, to ensure that he was ready to take on the role of Boshkung's brewmaster.

The world is your oyster when it comes to flavours of beers you can brew, says Prentice. Through their ingredient ordering system, they can put in what flavour profiles they would like their beer to have and it will tell them what ingredients are needed during the brewing process.

Prentice says that brewing at Boshkung is highly physical, having to lift hundreds of pounds of grain and needing to use a rake to clear out any spent leftovers.

"Some days you get home from work and your arms and legs are throbbing," said Prentice. "But at least you know it is going to something good. At the end of the day you can feel the soreness but say you worked hard to feel this way."

With several brews at Boshkung under his belt, Prentice says that he is slowly learning the swing of things. While making mistakes, he says that he is learning from them and ensuring that he does not make the same mistake twice.

Prentice is chomping at the bit to start developing his own recipes but has not decided on what type of beer will be his first creation with the brewery.

"We are just starting to think of what seasons are coming up right now," said Prentice. "I am tossing ideas to him and listening to his feedback and he is tossing ideas to me."

Prentice says that he and Renda have been discussing a sour beer for the fall and a new stout for the Christmas season. With their past two stouts being a tiramisu and creme brulee, Prentice says that he is interested in continuing the trend of offering a dessert-style stout.

Overall, Prentice says that he is settling in well.

"I am in the back trying to make it my own," said Prentice. "Doing some clean up, doing some organizing."

Currently, Boshkung has an IPA in the tank and will be canning the pale ale he brewed himself next Friday.

"There will be a lot of mistakes along the way," said Prentice. "You gotta think about things before you do it."

Prentice says that he is hoping to add to Boshkung's trophy shelf some day.

"Something that I want to do is be holding one of those awards and it is from a recipe that I came up with and a beer that I brewed," said Prentice.

With Boshkung Brewing's success and expansion of sales through LCBO, Renda felt a brewmaster was the next step forward for his business.

"When you are brewing back there, you cannot be running away from it constantly," said Prentice. "You have to add things at specific times and make sure things stay at a consistent temperature."

Prentice cannot see himself working in another industry.

"I enjoy it here," said Prentice. "I enjoy doing what my job entails to make money and so far it is something I am interested in. I look forward to coming here in the morning to come here and be in the brewhouse."

Prentice says that both of his parents have been supporting him throughout his life's journey.

"As long as it is something that keeps me in check," says Prentice with a laugh.

When Prentice was 17, he suffered a brain haemorrhage and stayed at St. Michael's Hospital for an extended period of time. To support their son while he was fighting for his life, the community raised funds to donate to the family to support them during his recovery. Now, Prentice wants to give back.

"I love this community a lot," said Prentice. "This community has done a lot for me and I want to put it back into this community now."

"I want to be here, see this community grow and see Minden thrive," said Prentice. "Boshkung Brewery has the potential to get big and I think Matt has the drive to make that happen."

For now, Prentice does not have the desire to open his own brewery and is perfectly comfortable being Renda's right hand.

/photos submitted

Gull Lake Cottagers' Association Regatta

The Gull Lake Cottagers Association held their annual Regatta at the Gull Lake University of Toronto Camp on the Civic Holiday weekend. An engineering student event started the regatta 1922.

On a gorgeous day, cottagers gathered on the lawn for kids' games, a barbecue lunch and the waterfront for swimming and canoeing events. Meticulously organized by Regatta Commodore Norma Whitehead and team, members and guests caught up on local and family activities, including many third and fourth generation cottage owners, some retired to the Haliburton Highlands. Past rivalries recalled "When you won the trophy I was second …" All ages competed again!

Particularly impressive were the UofT preparations at the rejuvenated, busy camp – a major local employer supporting annual summer sessions for university students. The 175-acre property was purchased in 1919. The third year Engineering and Mining students have spent up to six weeks each summer attending the Civil and Mineral Practicals (CAMP) program. How important is that for Canada at this time in particular?

UofT Engineering is ranked first in Canada and consistently in the top 25 globally. The fabled Canadian engineers' iron ring ceremony was conceived by U of T Mining Professor Haultain in the early 1920s and now is recognized around the world as a symbol of Canadian professionalism, widely envied. Other faculties and groups use the camp for specialized sessions and events. Its new accommodations, well run cafeteria and wonderful educational resources are available for others as well. All this here in Haliburton!

Over the years, families who have, in many cases still cottage on Gull Lake donated trophies for a variety of events. From under 12 year-olds and to adults (some in their 80s) paddle including the grandparent – grandchild canoe race over a straight course of 200 metres.

The Bedlington Trophy (donated by the Bedlington family who started out running a shingle mill on Rackety Creek in the early 1900s) is awarded to the 16 year old and under with most event points was won by Tristan Gourly with Ava McCarthy second and Ellie McCarthy in third place. This was accompanied by the Crerar Family Paddles for the winners of the Canoe Singles in the age category to Tristan and Ellie. These are donated by Professor Crerar's Family. Prof Crerar's son, Stuart, was a UofT Engineer who went on to build parts of the St. Lawrence Seaway and the Ontario Hydro Dam on the Ottawa that many of the cottagers have paddled out to after white water paddling the fabled Dumoine River. Canada's WW2 leading field commander, General Harry Crerar, led the Canadian Army in Italy, then across Northern Europe from Juno Beach to Germany, including Victoria and Haliburton troops.

The Treadgold Trophy (donated by one of the early Camp directors and Camp founders, Professor Treadgold, whose great-great-grandchildren now participate) awarded to the best 12 and under was won by Sarah Bursey with Ava McCartney second and Ellie McCartney, tied with Tomas Gourly and Chase Sullivan, all in third place. This was accompanied by the Sharpe Family Paddles for the winners of the Canoe Singles in the age category to Thomas and Ava. The paddles are donated by the Chuck Sharpe descendants of the Bedlington clan.

The Minto Cup (named for the multigenerational Haliburton Minto family who were camp custodians for more than 50 years) was awarded to the fastest adult in Single Canoe and went to Franny Jewett (again).

Two novel generational events included the Parr Memorial Trophy for the Grandparent and Grandchild canoe race was won by Bill Williams and Sebastian Jones and the Parent and Child canoe race won by Bill with daughter Kelly (all regularly on the podium).

The highlights of the day were the War Canoe race with four paddlers won by Franny Jewett with Nuno Borges, daughter Kaia Borges and friend Hudson Keeler who were awarded the Christie Cup (donated by another UofT Engineer family with patriarch Bud Christie and son-in-law Brian Barrett) and The Carley Allison Memorial Trophy for the all-terrain run, swim, paddle event won by Ellie McCarthey with Colin Hodgson and Ava McCarthey.

GLCA Association President Judy Ingram and Director Lisa Bagshaw presided over this premier event for the Gull Lake Cottagers. Included was an extensive array of Gull Lake and Haliburton merchandise with logos, worn proudly by members who now live all across Canada and abroad. The summer pilgrimage is a wonderful chance to reminisce about shared childhoods and parenting, sometimes decades ago.

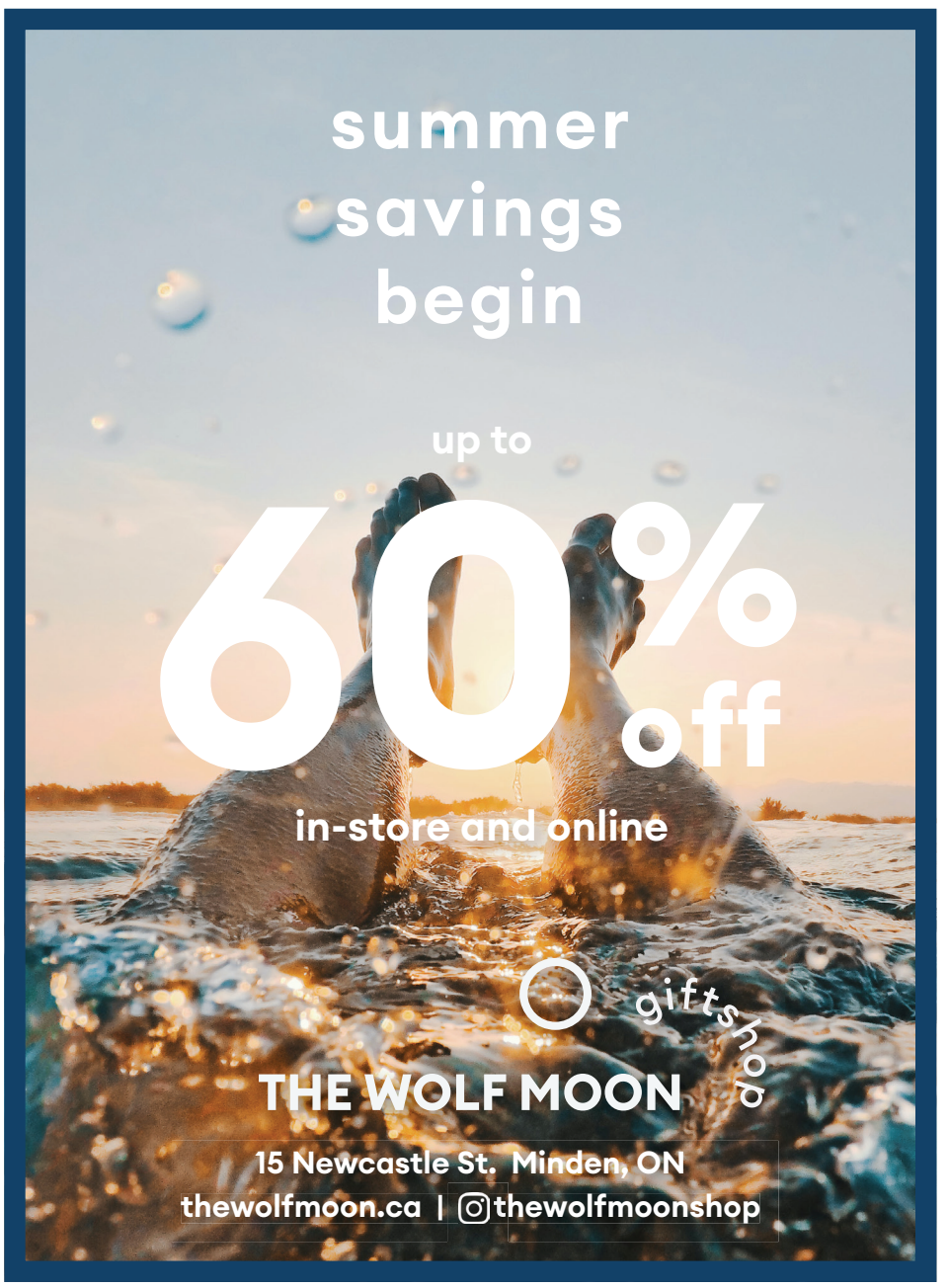
The Latimer Family who own Kilcoo Camp, loaned the GLCA some beautiful cedar strip canoes to round out the boat inventory. They reminded us of the Gull Lake canoes now in the Canadian Canoe Museum in nearby Peterborough.

Ward 2 Councillor Pam Sayne, a staunch supporter of the Association and campaigner for relevant issues for property owners, attended the awards ceremony, as before.

A very popular 50/50 draw for donated items from local merchants successfully raised funds for the Minden Hospital Auxiliary and the proceeds from the barbeque are going to the Minden Food Bank

Finally, as attendees looked down the lake over their assembled canoes and watercraft, thoughts of the Mississauga and Chippewa First Nations, who first paddled up the Gull River system and gave us the wonderful canoe watercraft design, were acknowledged with gratitude.

Submitted by Michael Jewett



New drug combination that poses a serious risk of death

The Huntsville O.P.P. detachment would like to bring the community's attention to the dangers of an illicit substance being found in the Simcoe Muskoka area.

The Simcoe Muskoka Public Health Unit has posted an advisory about a substance that is a combination of fentanyl, tranquilizers and other dangerous narcotics. This substance causes extreme sedation and risk of stopping breathing.

The Health Unit has posted on their website more details and safety messaging. Please go to their homepage link at www.simcoemuskokahealth.org/ to learn what you can do to protect yourself and those you love.

The Ontario Provincial Police (OPP) is committed to supporting safe, healthy communities for all Ontarians. We sympathize with anyone who has lost a loved one due to an opioid overdose.

You can also call Crime Stoppers at 1-800-222-8477 (TIPS) or submit your information online at www.crimestoppers.com. Crime Stoppers does not subscribe to call display, and you will remain anonymous. You will not testify in court and your information may lead to a cash reward of up to $2,000.00.

Submitted

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Grooving at the D

Canadian singer/songwriter Ian Reid performed Saturday, July 26 night to a full crowd at the Dominion Hotel and Pub. His performance was spectacular. His first set was mostly originals; a mixture of brand new songs and old favourites. Ian is a master at accompanying himself with the guitar, ukulele and tenor guitar. His songs tell stories about life and his perspective was appreciated and shared by the audience. His second set was a mixture of original songs and cover tunes. One that stood out was his tribute to Chuck Mangione who died July 22. Ian performed Mangione's most popular piece, *Feels So Good* with his ukulele and whistled the flugelhorn melody. With the exception of during the pandemic, Ian Reid has performed every year at the Dominion Hotel since 2016. /Photo credit: Shawn Chamberlin

Community Events

Send your event listing to classifieds@haliburtonpress.com

Highlands Time Travellers Cruise Night
When: Thursday, Aug. 14
Where: Haliburton Library Parking lot, 5:30 p.m. to dusk

Anniversary Celebration Corn Roast
When: Friday August 15, 6 p.m.
Where: Red Cross Outpost Historic House, 2314 Loop Rd, Wilberforce
Come and join us for corn, hot dogs, cake and ice cream. Quilt raffle draw at 7:45 PM. Contact: Barb Schofield, 705-448-2598, wilberforcebarb@yahoo.ca

Abbey Gardens Food and Artisan Event
When: Aug. 16, 11 a.m. to 6 p.m.
Local food favourites including woodfired pizza, Kawartha Dairy ice cream, local craft beer and more! Authentic Haliburton Highlands experience. Be sure to stop by Pockets the Clown's face painting station.

Arts & Sweaters North
When: Sunday Aug. 17 from 11 a.m. to 3 p.m.
Where: Indigodragonfly Studio (1946 Kennisis Lake Road) in Haliburton.
Vendors, Free BBQ, Cake, Yarn Piñata, Friendship and Community! Bring your craft project and a chair and spend the day or just a couple of hours. RSVP here:indigodragonfly.eventcalendarapp.com/arts-and-sweaters-north

Highlands Time Travellers Cruise Night
When: Tuesday, Aug. 19
Where: A&W Parking lot, Haliburton
5:30 p.m. to dusk

Outpost Scrabble & Coffee
When: Wednesday August 20, 10:30 am
Where: Red Cross Outpost Historic House, 2314 Loop Rd, Wilberforce
Words used with a connection to the Outpost and its history win an extra 10 points. Contact: Barb Schofield, 705-448-2598, wilberforcebarb@yahoo.ca

Old Times Afternoon Tea
When: Saturday Aug. 23, 1 to 4 p.m.
Where: Red Cross Outpost Historic House, 2314 Loop Rd, Wilberforce
Old fashioned tea and sweets, by donation. Bring a friend and make new ones. Contact: Barb Schofield,
705-448-2598, wilberforcebarb@yahoo.ca

Recurring events

Friends of the HCPL Book Nook Hours
When: 1st, 3rd Tuesday of the month - 10 a.m. to 2 p.m.
Where: Minden Hills Branch, 176 Bobcaygeon Rd. Minden
A variety of gently read books: thrillers, mysteries, romance, biographies, children and youth selections, Canadian authors, fiction, science fiction/fantasy, sports, spiritual and other non-fiction books. Bring a reusable bag. Payment is by cash donation. All money raised supports library enhancements and programmes for all libraries in the county.

Bridge for Seniors
When: Mondays at 1 p.m.
Where: Haliburton Legion - Schofield Room
All welcome.

Haliburton Legion Walking Group
When: Mondays at 9 to 10 a.m.
Where: Haliburton Legion - Remembrance Hall
A safe walking environment. Lead by an Occupational therapist.

Free Balanced Fitness, Active Social Senior Classes
When: Every second and fourth Tuesday of each month at 10 to 11 a.m.
Where: Haliburton Legion - Remembrance Hall
All seniors are welcome. Group led by Registered Recreation Therapist

Free Balanced Fitness, Active Social Senior Classes
When: Every second and fourth Tuesday of each month at 10 to 11 a.m.
Where: Haliburton Legion - Remembrance Hall
All seniors are welcome. Group led by Registered Recreation Therapist

Haliburton Sculpture Forest Guided Walking Tours
When: Tuesdays in August, 10 a.m.
Where: 297 College Dr. Haliburton
Meet at the kiosk in the Fleming College - Haliburton School of Art + Design parking lot. Wear comfortable walking shoes. Tours are held rain or shine and can take up to 2 hours. Tours are free but donations are greatly appreciated. For more information visit: www.haliburtonsculptureforest.ca

Bid Euchre
When: Wednesdays at 1 p.m.
Where: Haliburton Legion - Remembrance Hall
All welcome!

Seniors Chair Exercises
When: Thursdays at 1 p.m.
Where: St. George's Anglican Church, 617 Mountain Street
Please join us for safe and gentle exercises for seniors to help with balance, strength and flexibility. Free to join.

Cards/Euchre/Cribbage
When: Thursdays at 2:30 p.m.
Where: St. George's Church, 617 Mountain Street

Lakeside Church Service
When: Sunday at 9 a.m. and 10:45 a.m.
Where: 9 Park Street, Haliburton.
Whoever you are, wherever you've been, you are welcome here.

Weekly Meat Rolls
When: Every Saturday, 3 p.m.
Where: Coboconk Legion, Hwy 48 and 35
Weekly meat draw. Five spins for $10. First four rounds are for highest and lowest score with two winners per round. Last round is for a prepare-it-yourself dinner for two. Additional spins for this round are available for $2 each. Call 705-454-8127 or email info@coboconklegion.ca for more information.

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- Maintain cleanliness of vehicles on lot.
- Ensure cleanliness of shop.
- Park and arrange vehicles to maximize lot efficiency and space.
- Additional duties as assigned.

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- Self-motivating and excellent work ethic.
- Ability to lift, lower, hold and carry light to heavy loads.
- Passion for delivering high quality.
- Loves a fast paced work environment.

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Legion Events

Branch 441 Kinmount

Monday: Bid euchre 1 p.m., Cornhole 7 p.m. (upstairs)
Tuesday: Last Tuesday of the month-liver luncheon with one alternative 11 a.m. to 1 p.m.
Wednesday: Mixed darts 7:30 p.m. Canteen opens at 6 p.m.
Thursday: General meeting (3rd week) Members only 7:30 p.m.
Friday: Chair yoga 10 a.m. Bingo, doors open at 5 p.m. play at 6:45 p.m.
Saturday: Meat draw 5 p.m. Canteen opens at 3 p.m.
Sunday: Ladies Auxiliary meeting (members only) 3rd week at 2 p.m.
Special events: May 11 Mother's day breakfast $13.00/person
Friday night BBQ
Hall rentals available at reasonable prices. Call 705-488-3462 or 705-928-7105. We welcome everyone to our events and we look forward to seeing you!

Branch 129 Haliburton

Mondays: Bridge 1 p.m. Schofield Rm. Youth darts 6:30 to 8 p.m. Clubroom 10 to 18 years of age. All are welcome, no experience necessary
Tuesdays: League darts 7 p.m.
Wednesdays: Bid Euchre 1 p.m. start – Main Hall. Bingo doors open at 6 p.m. Bingo 7 p.m. FirstWed of each month with jackpot. Follow Facebook.com/Branch129 Bingo for the most up-to-date information
Thursdays: General Meeting third Thursday of the month, 6:30 p.m. All members urged to attend. Ladies Auxiliary last Thursday of the month at 1 p.m.
Fridays: Five meat draw, five prizes each draw, first draw 4:30 p.m., last draw 6:30 p.m. Tickets $2 per draw. Paul Sisson, MC. Friday fun darts from 4:30 p.m. and onwards. 50/50 Draw 5:40 p.m.
Whether you're planning a function for 10 or 200, call Cheryl Waller at 905-447-7741, email haliburtonlegionrentals@gmail.com or visit haliburtonlegion.com. Everyone is welcome! Club room hours: Mon. 3 to 6 p.m., Tues. 3 to 9 p.m., Wed/Thurs. 3 to 6 p.m. Fri. 3 to 7 p.m.

Branch 636 Minden

Lunch - Monday to Friday
Monday: Rug Hookers every second week. Bid Euchre 1 to 3 p.m.
Tuesday: Food 5 p.m. Canoe FM Bingo 6 p.m.
Thursday: Cribbage 1 to 3 p.m., Darts 7 to 9 p.m. and Euchre 7 to 9 p.m.
Every other Friday: Karaoke 8 to 11 p.m.
Friday Fish & Chips, Wings. Lunch 11a.m. to 2 p.m. and Dinner 4 to 7 p.m.
Saturday All Day Breakfast 9 a.m. to 2 p.m. with three Meat draws at 11 a.m.
Call ahead any day for take-out: 705-286-4541. Schedules are subject to change without notice. Check our Facebook page Minden Legion Branch 636 for more info.

Branch 624 Wilberforce

Hours - Sunday: Special Events Only, Monday: 7 to 10 p.m., Tuesday: Closed, Wednesday: 2 to 10 p.m., Thursday: 2 to 6 p.m., Friday: 2 to 11 p.m., Saturday: 2 to 9 p.m.
Mondays: Aug. 11, 18, 25 Darts $5/player 7 p.m.
Wednesdays: Aug. 13, 20, 27 Darts $4/player 2 p.m.
Aug. 20, 27 Quick Supper Menu changes weekly $10 5 to 6:30 p.m.
Thursdays: Aug. 14, 28 HHHS Social Rec 10 a.m.
Aug. 14, 21, 28 Horseshoes $5/player 7 p.m.
Fridays: Aug. 15, 29 Wings and Jam Session $15/lb 5 to 8 p.m.
Aug. 22 Community Care 55+ Lunch $17, noon
Aug. 22 Fish and Chips 1pc/$15, 2pc/$20
Saturdays: Aug. 16, 30 Board Games 2 p.m.
Aug. 16, 23, 30 Meat Draw 3 p.m.
Aug. 23 Ladies Auxiliary Appreciation Day 2 to 6 p.m.
Aug. 23 Karaoke 8 p.m. to 1 a.m.
August 30 Trivia Night 7 p.m.
Sundays: Aug. 10 L.A Breakfast $10. 9 to 11 a.m.
Call the Legion for more info 705-448-2221

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OPP staffing sheets show

Fewer officers on duty in June than January

by Andrew Milne

Contrary to management claims, scheduled OPP staffing levels appear to have decreased between January and June of this year, documents provided to *The Times* show.

And contrary to management statements to county council, the OPP is still sending officers to the Wasaga Beach detail, though only on holiday weekends.

Despite these apparent contradictions, County council representatives say talks with the OPP are going well, and that they feel they are making progress towards a settlement that will make re-establishing a detachment in the county possible. *(see related story below)*

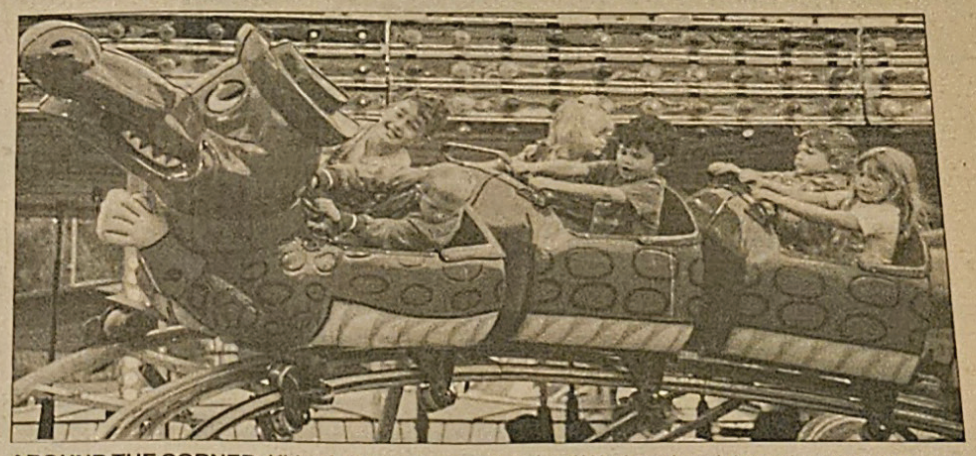
Haliburton County is currently the only county in the province without an OPP detachment headquartered within its borders. The force amalgamated the Minden detachment with the Coboconk detachment earlier this year, removing all administrative staff from the Minden office in mid-June.

OPP management has made a variety of statements on the effect this will have on front line strength, concentrating on the message that the move either will not affect the front lines, or will improve police presence, taken in concert with organizational changes, allowing officers to remain in their home communities.

The province also seems to be under the impression this is the case. Solicitor-General Bob Runciman, writing in response to a Minden man's letter last week said, "While Coboconk has, for the present time been designated the area administrative centre... there will not be a decrease in the number of officers assigned to the Minden location."

However, shift schedules, provided to *The Times* by the president of a county police support association, show that fewer officers from the Minden detachment, rather than more, were on the beat in June than in January.

(more on page 3)



AROUND THE CORNER: Kids of all ages were entertained Wednesday night as the annual Minden Rotary Carnival was held at the Community Centre. Families enjoyed free entrertainment, games of chance, the midway and a pleaasant evening out, while supporting the community work of the local service club.

Mavor suggests one-time levy to cover public portion of health facilities construction costs

Stanhope Reeve Jock Mavor has proposed that a one-time special tax of $100 per household be levied county-wide for local health care capital requirements. The money raised by the special levy would cover the $3.8 million public portion required to match the allocation announced almost two years ago by the Ministry of Health.

At that time, the ministry approved the expenditure of $10.6 million for the construction of up to 30 long-term care beds attached to the Haliburton Hospital, the upgrading of that hospital to accommodate this addition plus the consolidation of acute care beds in that location, the renovation of Hyland Crest and the construction of the Minden Hospital attached to the Hyland Crest facility. Under the approval, the province agreed to provide $6.8 million with the remaining portion coming from the community.

Mavor broached his plan at the annual meeting of the Halls and Hawk Lakes Property Owners Association held July 28 at Camp Kawabi. The reeve told the gathering he had considered a number of options including raising the money through debentures issued by the county, but it could be up to 20 years before they are paid off. He suggested that most households would be willing to pay the special levy since it would mean the funds would be raised quickly and equitably.

He suggested the tax would apply to all households in the county. Mavor said he had suggested the special tax at a meeting of the Beech and Maple Lake property Owners Association and received unanimous support for the idea.

He noted by having the public portion of the health improvement budget raised by taxes, the money is assured and the Health Services Board could proceed with its planning and get the much delayed projects underway.

One member of the audience suggested that if the special levy went ahead, he would like to see a moratorium built into the legislation so that no new special levies could be instituted for the next five years.

Mavor told the meeting he would be discussing his suggestion with the members of Haliburton County Council in hopes they would agree to the proposal.

Meetings continue between OPP and county officials

by Andrew Milne

Prospects for the OPP detachment returning to Minden are looking better following a meeting last week between the OPP and the Ontario Realty Corporation (ORC), say county representatives who attended.

Victoria-Haliburton MPP Chris Hodgson, who arranged for Hutton to speak to council earlier, also spoke to *The Times* on the issue last week, and said he shares the public's concern, and he hopes things can be worked out soon, but he also thinks the OPP's effort at restructuring has to be attempted, and still may yield better service.

Haliburton County Warden Murray Fearrey said, "I'm confident that the ORC are being up front with us, and so is the OPP, and I'm confident that the situation will be resolved."

County councillor and OPP liaison Jim McMahon, who earlier criticized OPP management for failing to consult with or notify the local governments or the community of the decision to merge the Minden detachment into the Coboconk detachment, was also at the meeting, and was feeling a little more confident this past weekend.

McMahon said his feeling is that having a meeting with the county, the ORC and the OPP present has greatly improved communications.

"We've drawn all the players together, and we all understand what is needed and what is required, and we're going to sit down and see if we can't come to a mutual arrangement somehow."

McMahon was also hesitant to criticize OPP management in the wake of revelations that a July 17 statement made by regional superintendent, Bill Hutton, to county council, regarding officers being seconded to other areas, *(see related story above)* saying he feels communications have improved greatly since then.

(more on page 16)

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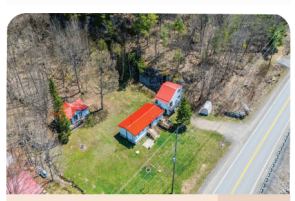

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